# MH monogram health

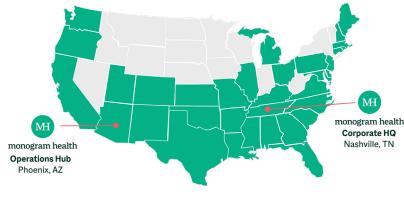
# Monogram Health is available to patients needing timely access to quality kidney care.

Our services are designed for patients who have kidney disease and related chronic conditions who are too sick for a standard primary care physician, but not yet sick enough for traditional nephrology. Our approach was developed by our team of industry leading nephrologists utilizing best in class order sets, labs and specialty services. We manage multiple comorbidities including diabetes, hypertension, anemia, acidosis, hyperkalemia, and beyond. We also focus on diet, smoking cessation, reviewing nephrotoxic medications, vaccination status, fall prevention, behavioral health, social determinants of health, and more. We provide services such as:

- Bridging gaps in care by prescribing medications to manage kidney disease often under prescribed by primary care providers (diuretics, ace inhibitors, and angiotensin receptor blockers).
- Providing upstream care starting at Stage 3b with no attributed nephrologist. Early nephrologist engagement is important for patients to understand their chronic condition, delay progression of kidney disease, and early modality planning.
- Preventing costly and poor quality outcomes inherent with emergency room visits.
- Providing post-hospital discharge visits when unavailable through primary nephrologist to ensure appropriate discharge follow-up and documenting medication reconciliation post-discharge.

#### Ideal Partner for Outcomes-Oriented, Value-Based Primary Care Practices

- Monogram Assists PCPs in:
  - Improving Quality Scores
  - Improving HEDIS Measures
  - Lowering Total Cost of Care
  - Ensuring patients attend PCP office visits and follow physician recommendations



Current markets

### Who is Monogram?

Monogram Health is a next-generation, value-based chronic condition specialty provider serving patients living with chronic kidney and end-stage renal disease as well as their related metabolic disorders. Monogram seeks to fill systemic gaps and transform the way nephrology, primary care and chronic condition treatment are delivered. Monogram's innovative, in-home approach utilizes a suite of technology-enabled clinical services, including benefit management and complex care coordination services.

# What does Monogram Health do?

- In-home visits by local Nurse Practitioners and social workers
- Phone calls to check in on patients and provide support
- Provide education to patients and their loved ones
- Help patients understand and keep up with medications
- Provide comprehensive medication reviews by pharmacists
- Coordinate care and make sure patients are getting everything they need
- Available 24/7 to answer questions and provide support

### **Monogram Support to Partner Practices**

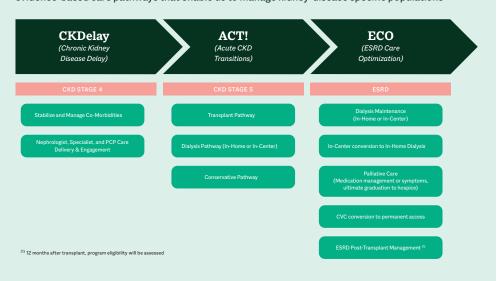
Monogram Care Manager RNs, LCSWs, and NPs see CKD and ESRD patients in their homes. Monogram shares what is seen in the home with the patient to their PCPs, Nephrologists, and other key providers enabling PCPs and Nephrologists to lead care delivery.

## **Evidence-Based Approach to Kidney Disease Specialty Care Delivery**

Advanced CKD Transitions (ACT!) - A program for patients who are likely to experience kidney failure in the near future. This program discusses options such as transplant Physician Support for Patients with CKD and ESRD

- Eyes and Ears Monogram Care Manager
   RNs and LCSWs see CKD and ESRD patients
   in their homes 4-6 times per year
- Communication Monogram shares what is seen in the home with the patient to their PCPs, Nephrologists, and other key providers
- PCPs at the Center of Care Monogram provides
   PCPs with updates on patient medication
   adherence, hospitalizations, re-admissions
   and other relevant clinical information

Monogram Health's robust care delivery order sets and clinical programs are comprised of numerous evidence-based care pathways that enable us to manage kidney-disease specific populations



#### How can Monogram support you?

#### Increase



Home Dialysis Utilization



Dialysis Starts with Permanent Access



Dialysis Compliance



Patient Satisfaction

#### **Decrease**



Re-Admission Rate



**ER Visits** 



Missed Dialysis



Hospitalizations

#### Who is eligible or selected for Monogram Health?

• Patients diagnosed with CKD Stage 3b, 4, Stage 5 or ESRD.

#### Which markets does Monogram Health serve?

AL, AZ, CA, CO, CT, DC, DE, FL, GA, IL, KS, KY, LA, MA, MD, ME, MI, MO, MS, NC, NH, NJ, NM,
 OH, OK, OR, PA, RI, SC, TN, TX, UT, VA, WA

#### What are the programs?

- CKDelay A program designed to delay the progression of CKD and help patients feel better for longer.
- Advanced CKD Transitions (ACT!) A program for patients who are likely to experience kidney failure in the near future. This program discusses options such as transplant, palliative care, home dialysis, and in-center dialysis.
- ESRD Care Optimization (ECO) A program to help patients who are already on dialysis
  have better outcomes and fewer hospitalizations.

#### Does the program have any cost?

• Monogram Health is provided at no additional cost to the patient, in most cases.

#### Does the member get to keep their doctors?

• Yes. Monogram Health works with all providers to coordinate care for patients.

#### How can I contact Monogram Health?

• Call Monogram Health at 1-855-212-2273. We are available 24/7, 365 days a year.

